

RANCHO SIMI RECREATION AND PARK DISTRICT
INSTRUCTIONAL BASKETBALL RULES

1. LEAGUE

- A. Mission Statement: To introduce children ages 4 to 9 years old to the sport of basketball, stressing skill development, game knowledge, participation and fun!
- B. The Rancho Simi Recreation and Park District reserves the right to make any changes deemed necessary to insure safe and efficient operation of the leagues.

2. ELIGIBILITY

- A. Participant must be between 4 and 9 years old.
 - 1. Division 1: Player must be 4 years old on or before April 1st of the current calendar year and may not turn 6 prior to April 1st of the current calendar year.
 - 2. Division 2: Player must be 7 years old on or before April 1st of the current calendar year and may not turn 10 prior to April 1st of the current calendar year.
- B. Players must participate in the division in which they are eligible (exception – League Director approval).
- C. All players must be registered.
- D. Boys and girls compete in the same division.

3. TEAM SELECTION

- A. All players shall be measured for height and teams formed by height.
- B. Coach and one assistant coach are guaranteed their son and/or daughter only.

4. EQUIPMENT

- A. All players must wear tennis or basketball shoes. Shoes that scuff or mark the floor are not acceptable.
- B. Game balls will be furnished by the Rancho Simi Recreation and Park District.
- C. Basketball Size:
 - Junior Size: 27½ inch circumference
- D. T-Shirt style game jersey provided for each player.

5. TIME OF GAME

- A. Game time will consist of four eight-minute quarters running time.
- B. There will be one-minute rest periods between quarters; five minutes between halves.
- C. Two one-minute time-outs allowed per team per half.

6. SUBSTITUTIONS

- A. Every player must play a minimum of 16 minutes or two periods.
 - 1. Play can be stopped every four minutes for 30 seconds to allow for substitutions.
 - 2. Each coach must choose to substitute every 4 minutes or 8 minutes prior to the start of each game.
 - 3. Durations of four and eight minutes will count towards minimum play rule.
- B. Substitutions must be accepted into the game by the officials (players shall report to the scorer and beckoned into the game by official).
- C. Substitutions will be accepted into game when ball is dead.

7. FREE THROWS

- A. Free Throws
 - 1. Division 1: There will be no shooting of free throws. The ball will be taken out of bounds on all fouls.
 - 2. Division 2: All shooting fouls will be shot from the 10 foot free throw line. All shooting fouls will be two shots. Players should be taught correct line up procedures.
- B. NO FOUL RECORDS KEPT. Please discourage rough and physical play. Remove and counsel players who exhibit rough play.

8. GENERAL RULES

- A. Absolutely no unsportsmanlike conduct will be tolerated by players, coaches, or parents.
- B. No score will be kept in either division.
- C. No standings.
- D. Coaches are permitted to be on the court with the players so long as they do not impede the flow of the game.
- E. Each team must have four eligible players present at game time.
- F. Basket Height:
 - 1. Divisions 1: 8ft. Baskets
 - 2. Divisions 2: 8ft. Baskets
- G. No half court or full court pressing
- H. In a jump ball situation, possession will be determined by the alternating possession arrow.
- I. Defense is played inside the three-point arc until the offensive team penetrates the arc. If a player advances outside of the arc prior to the offensive team penetrating the three-point arc then that player is in violation. Once the offensive team penetrates the three-point arc the defense can guard outside the arc.
- J. Offensive Violation
 - Traveling and double dribble violations will be called inside the three-point arc only.